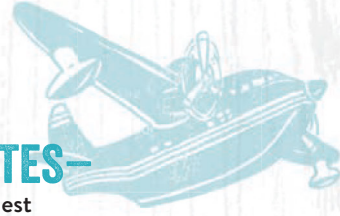


# Breakfast

6:30am - 11am



## —BREAKFAST FAVORITES—

Egg whites available upon request

### ALL AMERICAN

Two eggs\* any style, choice of Applewood bacon, ham or sausage served with island potatoes and choice of toast

### FRESH FRUIT PLATTER

Chef's selection of seasonal fruits with vanilla yogurt dip and fresh nut bread

### EGG WHITE & SPINACH OMELET

Baby spinach, sliced mushrooms, and Swiss cheese served with fruit and berries

### BELGIAN WAFFLE

Fresh seasonal berries, whipped cream and maple syrup

### BREAKFAST QUESADILLA

Flour tortilla, scrambled eggs, cheddar and Monterey Jack cheeses, warm roasted jalapeño salsa and lime crema

~ Add bacon, sausage or ham ~

### PARADISE BREAKFAST SANDWICH

Choice of meat, fried egg, cheddar or Swiss cheese on an English muffin, bagel or croissant. Served with island potatoes

## —OMELETS—

Choose any three ingredients.

Served with island potatoes and choice of toast

Ham  
Bacon  
Sausage

American Cheese  
Swiss Cheese  
Havarti Cheese  
Tomato

Onion  
Mushroom  
Spinach

## —SIDES—

ISLAND POTATOES

CHOICE OF TOAST

# Lunch / Dinner

11am - 11pm

## — STARTERS —

### NACHOS

Tortilla chips topped with white queso, Monterey Jack & cheddar cheese, pico de gallo, guacamole, jalapeños, green onions, sour cream, and your choice of seasoned shredded chicken, grilled sirloin\* or ground beef

### FRIED PICKLE SPEARS

Crispy hand-breaded dill pickle spears served with a creamy garlic ranch dip

### LOADED FRENCH FRIES

French fries covered in melted Monterey Jack, cheddar, Applewood smoked bacon, scallions, and a ranch drizzle

### CHEF'S BUTCHER BOARD

Selection of assorted cured meats, cheeses, olives, and crackers

### PRETZEL BITES

Served warm with tortilla chips and white queso and whole grain Dijon mustard

### CHICKEN WINGS

Fried crisp and tossed with your choice of sauce. Served with celery sticks and creamy bleu cheese or ranch dressing  
Buffalo, Jamaican Jerk, Teriyaki, BBQ, Mango Habanero, or Whiskey Glazed

## — PIZZA —

### FOUR CHEESE

Fresh mozzarella, provolone, cheddar, and Monterey Jack cheese

### PEPPERONI

Pepperoni and mozzarella cheese

### MARGHERITA

Fresh mozzarella, Roma tomatoes, basil, and a garlic oil base

### DELUXE

Pepperoni, mushrooms, tomatoes, onions, bell peppers, and mozzarella cheese

## — HANDHELDS —

Served with house-made chips (Substitute French fries)

### PARADISE BURGER\*

8 oz USDA Choice Angus beef, Applewood smoked bacon, cheddar cheese, lettuce, onion, and tomato

### CHICKEN SANDWICH

Fried or grilled chicken breast, Havarti cheese, tomato, and island slaw on a ciabatta bun

### TURKEY CLUB

Smoked turkey, Applewood smoked bacon, Swiss cheese, oven-roasted tomatoes, red onion, lettuce, and chipotle mayonnaise on toasted whole grain bread

### CHICKEN QUESADILLA

Seasoned shredded chicken, Monterey Jack cheese, and onions in a grilled flour tortilla. Served with fresh guacamole, pico de gallo, and sour cream

### ULTIMATE GRILLED CHEESE

Double-decker sandwich with Havarti, Swiss and cheddar cheeses, and Applewood smoked bacon

## — SALADS —

### SIRLOIN SALAD\*

Sliced marinated steak, oven-roasted tomatoes, bleu cheese crumbles, broccoli florets and grilled red onions over spring mix tossed with a balsamic vinaigrette dressing

### FRIED CHICKEN SALAD

Crispy chicken breast, Applewood smoked bacon, tomatoes, red onions, blend of mixed cheeses, and chopped eggs over mixed greens with your choice of dressing

Choice of dressing - Ranch, Bleu Cheese, Honey Mustard, or Balsamic Vinaigrette

### CHICKEN CAESAR SALAD

Grilled chicken breast, hearts of romaine, and house-made croutons tossed in a creamy Caesar dressing and topped with Parmesan cheese

## — TACOS —

Served with tortilla chips and house-made salsa

Add a side of white queso

### FISH TACOS

Fried golden on flour tortillas with island slaw, queso fresco, pineapple salsa, lime crema, and cilantro

### CHICKEN TACOS

Seasoned shredded chicken, queso fresco, chopped cabbage, pico de gallo, scallions, and chipotle cream

### STEAK TACOS\*

Marinated sirloin, island slaw, pickled onions, mango pico de gallo, cotija, and lime crema

## — ENTRÉES —

### BOURBON-GLAZED SALMON

Fresh Atlantic Salmon grilled in our signature bourbon glaze over coconut lime rice with steamed broccoli

### FISH AND CHIPS

Hand-breaded and fried golden, served with French fries and tartar sauce

### CARIBBEAN CHICKEN RICE BOWL

Grilled jerk chicken breast, black beans, avocado smash, and pico de gallo served over coconut lime rice

### STEAK BOWL\*

Grilled sirloin, sliced mushrooms, broccoli florets, scallions and shredded carrots over coconut lime rice with toasted sesame seeds and a teriyaki drizzle

## — PARAKEETS —

Children 12 & under. Served with house-made chips

### GRILLED CHEESE

### CHICKEN TENDERS

### ALL-BEEF HOT DOG

### PARAKEET'S PEPPERONI PIZZA

PRESS “GUEST SERVICES” ON YOUR PHONE TO ORDER

Your well-being is important to us. If you have allergies, please alert us as not all ingredients are listed!

\*We are obliged to tell you that consuming raw or undercooked meat, seafood or eggs may increase your risk of foodborne illness.

\* A 20% gratuity will be added to all in-room dining orders